30 Step Checklist to Help #SaveTheBees

This checklist is a printable version of the checklist found here:

http://secretsofthebees.com/health-benefits/save-the-bees-action-plan

Refer to the online version for details on each step. Check them off on this list.

If you have any comments on this checklist, or you would like to tell me about resources I should add to the checklist, please go to the URL above and contact me on the website.

30 Step Checklist

1. Sign Petitions.
2. Adopt a hive.
3. Adopt a bumblebee.
4. Plant bee-friendly flowers in your own garden. Buy bee-friendly plants for friends and family to plant in their gardens, and encourage local authorities in your area to use bee-friendly plants in public places.
5. Bee aware. Learn how bees are beneficial insects in your garden, and let your friends and family know.
6. Let weeds bloom. If you are going to pull up the weeds, letting them bloom first (before they go to seed) to give the bees a chance to visit.
7. Avoid checmical pesticides. Don't use chemical pesticides on your lawn $\ensuremath{\mathfrak{A}}$ garden.
8. Bowl of water. Add a bowl of water to your garden to give the thirsty bees a safe place to drink.
9. Avoid commercial composts that come loaded with pesticides.
10. Create a Bee and Bee. Kids will love this.
11. Get involved in the Great Sunflower Project.
12. Check your garden products and make sure they don't contain chemicals that will kill the pollinators in your garden (or you if you are growing fruit and veg).
13. Avoid industrial honey trade and buy local, raw honey.
14. Support your local organic farmers. Talk with them to find out how they are helping the environment with their farming methods. Those higher prices will start to make sense.

15. Visit bee hives and learn about them with your kids, but leave your mobile phones turned off.
16. Support local beekeepers and buy direct from them.
17. Join a local wildlife trust and get involved.
18. Teach the kids about the bees and how they are necessary for our own survival.
19. Talk to your local MPs and ask them to back the ban on bee-harming products.
20. Create a Bee World.
21. Join a local Friends of the Earth group and find out what they do to help the bees. Get involved
22. Bumblebee Watch.
23. Join Bee Safe (US only).
24. Bee Count Map (UK only).
25. Learn about the plants bees love.
26. Consider donations to charities set up to help the bees.
27. Jon the Soil Association.
28. Become a bee keeper.
29. Check off as many items in this action guide as you can, then pass it on to a friend.
30. As you start learning more about helping the bees, you are likely to find new tips and tricks. Share you tips with me on the web page listed at the top of this document. You can find a contact form there.

Thank you for downloading this action guide. Together, we can #SaveTheBees. Andy Williams

http://SecretsoftheBees.com